



SAMPLE: Early Careerist Mentor/Mentee Goal Setting and Tracking Form

Mentee Name: _____ Mentor Name: _____

S.M.A.R.T. Goals (Suggestion: Start with personal goals, such as developing your personal mission, vision and values.)

- S** Specific
- M** Measurable
- A** Attainable
- R** Realistic
- T** Timely

	Goal	Measurement	Status	Comments
1.				
2.				
3.				
4.				
5.				
6.				

Upon completion, please forward to the Mentorship Committee to wrap-up your participation in the Mentorship Program: Kathleen Olewinski at kmo@uwm.edu

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