

# making connections

& Medical Groups page 8

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## **Using a Frontline Offense to Mitigate Your** Financial Risk in Today's Sick Economy

BY BRUCE NELSON, VICE PRESIDENT, SEARCHAMERICA, A PART OF EXPERIAN

t is a usual day at a hospital. A new patient enters an Emergency Room needing care for a broken arm. The treatment process begins... the registrar admits the patient, a nurse preps the receiving room, an X-ray technician readies the equipment, and the Finance Director sighs as he sees the hos-



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pital's finances plunge. Why? In today's economy, every patient entering their facility is more and more likely to be discharged feeling better, but leave the hospital in a weaker financial state than when they entered.

An ever growing number of today's patients are responsible for paying a portion of their care. Many need financial assistance, charity care, or a payment plan; or they may simply default on their financial obligation. The number of underinsured patients is rising rapidly to an estimated 25 million adults in the United States, an increase of

60 percent since 2003, according to a recent study by PriceWaterhouseCoopers. The result is a rise in the self pay patient population, which has become a significant portion of a hospital's revenue cycle. These individuals are often unable or unwilling to pay the high deductibles associated with their plans, leaving the hospital with increasing bad debt. Coupled with decreased financial giving and elective surgeries, the outlook is grim. Even in the worst of times, however, the hospital's mission remains the same: to care for those in need of medical

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#### Letter from the President

ay you lead in interesting I times! Who would've thought a year ago that so much would change in a year? We have experienced one of the most dramatic years in the life of the chapter. At the start of the chapter's 60th year the Dow Jones industrial average was at 12,000. The economy was still going strong (so we thought). There were signs things were going wrong when the auction rate market ceased up in February. A year later the economy is still at a standstill. Banks are in trouble. What industry there is, isn't producing or selling anything. Unemployment is way up and our 401(k)'s or 403(b)'s are way down.

While most of us in the provider area have been fortunate, on the vendor side many jobs have been lost or are in jeopardy. Now more than ever making connections is important. Getting involved in the chapter is a great way to make those connections—connections that can last a lifetime. Volunteering for the chapter is fulfilling, not too time consuming (usually) and a great way to network and get known by others. This can be very helpful when you're in the job market. Also, let me remind all that the chapter has a job bank listing on its website that is free to all members. It's a great way to advertise and to find quality employees.

As we ended the chapter's 60th year we are on the cusp of not only dramatic changes in the economy, but also healthcare. I believe the two are intertwined. Changes must be

made in healthcare if the country is to prosper in the future. Employers need reform to become competitive in a global economy. Providers need reform to become financially viable, to obtain the capital to rebuild, and to implement programs that will improve the health status of the communities served which will ultimately reduce healthcare costs. Meeting with fellow chief financial officers from around the country, it is clear that the nation's 46 million uninsured need coverage under reform. The government needs healthcare reform to make US industry more competitive, as well as to reduce the cost of its share of the healthcare pie in the face of the 80 million baby boomers hitting retirement age.

How do we pay for all this? That is the key question and the reason previous attempts to reform healthcare have failed. Consensus from my peers is that profits must come out of the insurance and drug industries. Consensus from the government is eliminating waste and unnecessary cost through quality improvements can save money. Improved wellness and lifestyle changes will also be necessary. How can we and our children get away from the computer screen and lead more active lifestyles to fight obesity and its insidious side effects?

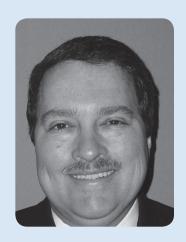
Whatever happens it will be interesting. Be part of the solution, and not part of the problem. One of the best ways to be part of the solution is to be active in HFMA and stay connected with our chapter membership. We have a great network of health-

care leaders dedicated to helping you stay educated, improving your work performance, and providing networking opportunities.

I would like to recognize Cathy
Jacobsen as incoming HFMA
National Chairman. Cathy is a
wonderful person, a great leader,
and a tremendous asset to the
chapter. Please offer Cathy your
support in this most important year
for HFMA and our country.

Lastly, it has been a privilege and an honor to be your president during the 60th anniversary year of the chapter. I want to thank all of the many volunteers that made this year a success!

Guy R. Alton, FIHFMA, CPA 2008 – 2009 Chapter President HFMA



## In Memoriam

#### Susan Nibbe

HFMA member, Susan Nibbe, 47, a resident of Highland Park, died Dec. 21, 2008, after a long battle with cancer.

An employee of Advocate Lutheran General Hospital in Park Ridge since 1990, Susan had served the past 13 years in her most recent position. She was responsible for financially related departments such as medical records, patient intake, patient accounts and materials management and finance. She was a project manager during the Evangelical Health Systems/Lutheran General Health System merger, which led to the Advocate Health Care system. She played a key role in major hospital expansion projects including opening the Center for Advanced Care, a cancer care, breast and advanced imaging center on Lutheran General's campus and building the new 192-room, eight-story patient tower which is slated to open in June.

Before joining Lutheran General, Susan was a senior associate at the 998-bed Long Beach Memorial Hospital, serving as management chief of staff.

"Susan was a dedicated and respected professional who touched many lives throughout her career. " - Sherrie Russell



Susan Nibbe 1961-2008

#### **Gail F. Patinos**

HFMA member, Gail F. Patinos, 46, a resident of Wheaton, died March 13, 2009, of complications due to a respiratory infection.

Gail worked for several top ranked Illinois hospitals including Advocate Healthcare Good Samaritan Hospital, Advocate Healthcare Lutheran General Hospital, University of Chicago Hospitals and Rush Presbyterian St. Luke's Hospital. During her career in healthcare, she received her master's in organizational leadership from Lewis University in 2008 and advanced into several key management positions, including revenue cycle director in the finance department at Advocate Healthcare Good Samaritan Hospital. Gail rapidly advanced and played an instrumental role in the healthcare profession.

"We have lost someone truly special in our world who now rests with the angels. Farewell, until we meet again."



**Gail F. Patinos** 1962-2009

#### Letter from the Editor

Spring has arrived and the season has officially started, however, the warmer weather seems to have a slow start. As the temperatures keep rising and the snow keeps melting, we are reminded to be patient as a wonderful season is on the horizon. I can't wait to see all of the tulips in full bloom!

This is the last newsletter for this chapter year, and with that, Brett Kleebauer will be taking over the position of newsletter editor for the 2009 – 2010 chapter year. I hope that our members continue to feel that the newsletter and its content are an additional benefit to their membership in the First Illinois Chapter of HFMA.

As the new chapter year begins, we are almost out of articles for the future newsletters. Therefore, if you have articles that you think may be of interest to other members, we encourage you to please forward them to Brett at bkleebauer@hotmail.com. I try to include as many articles as possible in the newsletters to keep everyone updated on all of the changes in healthcare.

I have thoroughly enjoyed being the First Illinois newsletter editor for the past two years, but think it is time for another change. I have no doubt that Brett will do a wonderful job and will be responsive to your newsletter needs.

Amanda Springborn amanda.springborn@rsmi.com

#### **Save the Date**

**HFMA's 2009 ANI Conference** 

June 14-17, 2009

Seattle, Washington
Washington State Convention
and Trade Center



# Protecting Patient Financial Data: Nothing is More Expensive than Regret (Unless it's Negligence)

BY DAN YUNKER, VICE PRESIDENT & CFO, METROPOLITAN CHICAGO HEALTHCARE COUNCIL

# Securely storing patient financial data in a PCI-compliant manner is more important than ever.

With the rising trend of increasing collections on the front end, the theft of patient financial data is a very real and expensive threat for hospitals and physician practices, and can have a far reaching, devastating impact. I had the opportunity to interview Greg Morris, a noted speaker and data security expert, on the importance of securely gathering and storing a patient's financial data. Mr. Morris is the President and CEO of TriHealix – a company specializing in PCI-compliant payment processing systems for healthcare providers.

*Dan:* What is PCI compliance and why is it so important to providers and administrators?

GM: PCI compliance for merchants and payment card processors is adhering to and applying the information security best practices of the Payment Card Industry Data Security Standard (PCI DSS). Any business of any size must adhere to PCI DSS in order to accept payment cards, and to store, process, and/or transmit cardholder data.

As a healthcare provider performing financial transactions, maintaining the security of your patients' financial data should be viewed as an essential piece of the total patient care experience. Cyber attacks on healthcare organizations have increased 85% from 2007 to 2008, with an average of 20,000 attempts per day – per organization. When you consider that the average cost for a data breach was more than \$6.3 million, and 31% of individuals affected by a data breach ultimately terminate their relationship with the afflicted organization, having a secure, PCI-compliant payment processing system is not only a must for data security, but also for the financial welfare and public image of your organization. Many organizations have learned this the hard way.

Dan: Greg, without having to do a full blown assessment of your PCI compliance protocols, what are some easy indicators to know whether you have a good or bad system in place?

GM: The easiest way to determine whether you are likely to have PCI violations is to look for credit card terminals in your hospitals, clinics, or practices. Almost by definition the terminal signals a likely PCI violation because in healthcare, we all know that the goal is to capture payment information from the patient while they are there. The problem is, the terminal cannot capture and store card holder data. This inability to store cardholder data forces good employees to create work around solutions. For example, they write the cardholder

data down in the patient file or they add the information to the notes section of a practice management or billing system. Without really doing it intentionally, good employees are exposing the organization to significant risk.

Dan: If you can't use a credit card terminal to securely store patient financial data what do you do?

GM: That's easy. If you do one thing with payments this year, switch to a virtual terminal. A virtual terminal, also called a payment gateway, allows you to effectively outsource the PCI compliance responsibility to your merchant services provider. Look for a gateway that provides the ability to set up "card on file" transactions just like a hotel does so that you can charge the patient at later points in time when you know what they owe. You simply capture the patient's authorization and then charge against it later. You can even set up payment plans using recurring payment functionality....and the best part, payment gateways require almost no capital expenditures. They cost much less than your existing terminals from day one. Simply buy a \$75 swipe card reader and plug it into the USB port of your computer.

Dan: How do you recommend hospitals and practices protect themselves?

GM: When choosing a payment processing system, providers need to take a 360 degree, end-to-end approach to financial data security. Data breaches can come from multiple sources – motivated hackers, negligent vendors and partners, and even careless or hurried staff. From the moment office staff swipes a credit card or enters financial information, that data needs to be encrypted and protected in a PCI-compliant system.

When we designed our payment processing system, we focused on the unique security issues healthcare providers face, while still maintaining next-generation functionality. As such, our system encrypts sensitive data and is PCI Level One certified, the highest level of protection possible. When a provider processes a payment or stores a patient's form of payment for future transactions on our system, they can be assured that their patient's data is protected and secured from end-to-end.

What I always tell providers is this: If you don't know if your organization is using an up-to-date and secure PCI-compliant payment processing system, it could only be a matter of time before you find out the hard way.

### **Welcome New Members**

#### **Richard Sanchez**

Director of Radiology Healthcare Information Services

#### **Paul Boulus**

Consultant

Wellspring Partners

#### Jennifer A Clauson

**Project Coordinator** University of Illinois Medical Center at Chicago

#### John Z Zaharis

Staff Consultant Ernst & Young LLP

#### **Christopher Phillips**

Manager/Financial Analyst Swedish Covenant Hospital

#### **Carol Schneider**

**Business Development Executive Integrated Project Management** Company, Inc.

#### Jorge R Blakely

#### Frederick M Crampton

Senior Business Analyst **CancerTreatment Centers** of America

#### Kathleen M Gallagher

Principal, Gallagher Media & Marketing

#### **Donna Ramadan**

Director, Patient Access **Delnor Hospital** 

#### **Terri Anne Powers**

Dawn V Gay, CSC

#### Rozella Nelsen

#### **Greg Mohrdieck**

Director, Provider Contracting and Reporting BC/BS of IL

#### **Robyn Carlson**

Sr Accountant **Edward Health Services** Corp.

#### **Hunter Turasky**

Financial Advisor Capital Lending Group

#### **Debora Ludolph**

Senior Director Business Development Workstream, Inc.

#### Martin H Judd

**Vice President Operations** Saints Mary And Elizabeth **Medical Center** 

#### **Jeffrey Laurinaitis**

Vice President **Arcadia Solutions** 

#### **Brian Verne**

Regional Sales Director Sysmex America

#### **Dennis Rizzo**

Controller Metropolitan Chicago Healthcare Council

#### Alan M Zulanas

Student

John Marshall Law School

#### **Kristina Parkinson James**

Director of Marketing MedAssist, Inc.

#### **Diana Arand**

Healthcare Market Strategy Maron Structure **Technologies** 

#### Stephen Marra

Vice President Wells Fargo

#### **Shik Sundar**

**Director of Sales** Revenue Cycle Solutions

#### Lisa Siebenhaar

Senior Director Insurance Operations Revenue Cycle Solutions

#### Alice M Bynum-Gardner

Director **Patient Services** Molecular Imaging

#### **Diane Simmons**

Vice President Education **HFMA** 

#### James McNeal

Director of Accounts Receivable

**Gateway Foundation** 

#### Luke A Kowal

Assistant Vice President JPMorgan Chase

#### **Daniel Shoemaker**

Senior Reimb Analyst Provena Mercy Center

#### **Darryl R Davidson**

Principal

Miller Canfield Paddock & Stone

#### Jon R Leasure

National Account Executive VP Commerce Bank

#### Frank C Dodero

Senior Vice President **AON Corporation** 

#### Richard J Carroll

Director Ima Consulting

#### Michael T Young

Staff 1

Ernst and Young

#### John Chapa

Northwestern Memorial Hospital

#### Michael T Kolbuk

Horizon Hospice & Palliative Care, Inc.

#### **Rita Carlson**

Hospital

**Director of Patient** Accounts Advocate South Suburban

#### **Gregory J Arnold**

**Director Patient Financial** Services Mount Sinai Hospital

### J Chip McCall

**GE HFS** 

#### Jennifer Schoenberger

**TransUnion** 

#### **Patricia Eddy**

**Director Finance** Advocate Christ Medical Center

#### Cathleen A Smyth

**Director Health Information** Management Advocate Christ Hospital & **Medical Center** 

#### **Michael Grivas**

Account Executive **AHA Solution** 

#### **Patrick Dolan**

TradingPartners

#### **George Kubin**

Vice President Deutsche Bank National Trust

#### **Mario Virtudes**

Managing Director Commonfund

#### **Eric Doveala**

Associate/Consultant Deloitte FAS

#### Alyssa Kim

Finance Manager

#### Rosemary E Vittori

Consultant Successful Physicians **Practice Management** 

#### Robert Smallwood

President

On Target Staff, Inc.

#### John Gustafson

Director, Provider Solutions Medefinance

#### **Jason Lineen**

Associate Director **Navigant Consulting** 

#### Charles J French, IV

Consultant

Stratford Advisory Group

#### **Dale Chung**

**Arcadia Solutions** 

#### **Jameson W Paul**

Assistant Vice President Fifth Third Bank

#### **Scott Schutte**

Vice President Fifth Third Bank

#### **John Courtney**

Vice President Thomas F. Courtnery & Associates

#### Liz Jeltema

Corcare Developer **Corvel Corporation** 

#### Shelby N Baughman

Crowe Horwath

#### **Shelly Carling**

Manager

Price Waterhouse Coopers

#### Alyssa B Cheatham

Consultant

Stratford Advisory Group

#### Sue Lopardo

Director, Information Services Northwestern Memorial Hospital

#### Deia Campanelli

Communications Manager GE Healthcare Finance

#### **Laura Ramos**

Chief Financial Officer Vital Communications Group

#### **Karen Wagner**

Wagner Freelance

#### Rosetta Gervasi

Gervasi Freelance

#### Kathleen Vega

Kathleen B Vega, Inc.

#### Meg LTrimby

Regional Director Materials Management Provena St. Joseph **Medical Center** 

#### Alex Anaya

Manager/Receivables Northwestern Memorial Hospital

#### Kate Jackson

Vice President Communications MedAssist, Inc.

#### Michelle J Castelbuono

Assistant to CFO Adventist Glenoaks Hospital

#### **Thomas H Dodd**

President Stratford Advisory Group, Inc.

#### Lisa N Scala

Chief Executive Officer Cimpar, Inc.

#### **Brigitte Nettesheim**

**Managing Director** Healthcare Group Randolph Equities, LLC

#### Meaghan Dorsey

Regional Director **Outreach Services** 

#### John R Masini

Vice President **Business Development** Medassist, Inc.

#### Candice Thezan

Relationship Manager

#### Santino Bibbo

Vice President **Investment Banking** Cabrera Capital Markets, LLC

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**Assistant Director** Alexian Brothers Health System

#### Mary Jo Neely

Assistant Director Alexian Brothers Hospital Network

#### **Keith D Pennington**

Chief Financial Officer/ Vice President-Finance Rosecrance Health Network

#### Kristoffer Huettner

Accounting Manager **Emmi Solutions** 

#### Julianne Fetter

Associate McGladrey & Pullen, LLP

#### **Holiday M Nay**

Assistant Director, PFS Alexian Brothers Hospital Network

#### Kathleen McGovern

Director Revenue Management Northwestern Medical **FacultyFoundation** 

#### Caryn Pehr

Northwestern Memorial Hospital



#### **HFMA Events**

# **Key Strategies for Physicians & Medical Groups in the New Era of Healthcare**

BY JIM WATSON AND ELIZABETH SIMPKIN

he First Illinois Chapter HFMA
Physicians & Medical Group Committee hosted its annual program
on February 19, 2009 at the University
Club in Chicago. The committee's objective was to provide both a strategic view
of the "physician side" of our industry,
as well as provide tactical tools to help
physician practices navigate the changing
healthcare industry and health insurance
marketplace.

Our day began with a case study from one of the leading integrated healthcare delivery systems in the U.S.: Chicago's own Advocate Health Care. Marty Manning, Chief Executive of Advocate Physician Partners, provided an in-depth perspective on trends that are impacting physician practices across Chicago and across the country. Mr. Manning complemented that with an overview of Advocate's "Clinical Integration" programs, demonstrating how hospitals and their medical staffs can align quality and economic incentives through their PHOs. Advocate's Clinical Integration programs not only promote high quality, cost effective healthcare, but these programs engage payors in that effort by providing economic incentives through joint contracting.

Following Mr. Manning was a discussion on "Pay-for-Performance," led by physician leadership representing the two largest insurers in the market (and in the country): Dr. Carol Wilhoit, Medical Director, Quality Improvement, Blue Cross Blue Shield of Illinois, and Dr. David Ellis, National Medical Director, Customer Service and Solutions, United Healthcare. Joining Drs. Wilhoit and Ellis was Dr. Tom Dent, CEO, ICLOPS, LLC. ICLOPS is a national provider of PQRI software solutions for physician practices, and Dr. Dent is a member of CMS' PQRI



Chuck Derus, Speaker

workgroup. Each discussed the different P4P models that are emerging in the commercial and governmental segments. Consensus among the three speakers was that currently there are different models across payors for P4P, but these differing models will come together so that we can focus on one set of measures and incentives to create better efficiencies in improving care and reducing costs.

A "Stark Regulations Update" was provided by Philip O'Brien, Partner at Katten Muchin. Mr. O'Brien outlined the parameters of the Stark Regs and provided updates on the Stark III regs, providing insight to the ever-growing complexity of the legal parameters in which our industry must operate. Dr. Chuck Derus, Medical Director of the Dreyer Medical Group, presented "EMR Decisions," an excellent case study on one large medical group's journey from selection to funding to implementing an Electronic Medical Record. Along that journey, Dr. Derus shared many stories, injecting humor alongside the physician perspective.

Tom Mallon, President & CEO of Regent Surgical Health, provided an insightful perspective on "Physician-Owned Enterprises." Mr. Mallon cited many success stories from across the country, including the Chicago area, where physicians have joined together to own and operate hospitals and surgery centers. Whether independently or with a hospital partner, this business model has a strong and growing value proposition to the industry, and especially in surgical specialties like orthopedics.

Rounding out the day was a discussion on "Improving Physician Practice Performance," led by three expert speakers: Chad Beste, Partner, Professional Business Consultants; Louis Papoff, CFO, MacNeal Physicians Group and Lakefront Medical Associates at Weiss; and Kevin Cavanaugh, Senior Director, Medical Affairs, Rush University Medical Center.

Mr. Beste navigated the physician practice revenue cycle, detailing the components, fail points and safeguards in the revenue cycle. While physician

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#### **HFMA Events**

#### Key Strategies for Physicians & Medical Groups in the New Era of Healthcare

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practices have the same issues as hospitals in managing the "revenue cycle," physician practices struggle to commit the resources to manage it like hospitals. Mr. Papoff described a set of "key performance indicators" that a medical practice could consider in managing its business. The examples of data shared provided information to practice administrators to engage physicians on the operations of their practices, clinically and financially. Mr. Cavanaugh shared strategies on physician recruitment, retention and compensation. His experiences demonstrated the highly competitive environment that hospitals and medical practices must perform in to attract (and keep) the best physicians.

First Illinois HFMA has made a focused effort in recent years to better engage the physician practice community in our chapter's education efforts. Across the U.S., there is no such thing as a "typical physician practice." Larger practices, or practices owned/affiliated with a hospital are more likely to have an organized infrastructure to help manage the business of medicine. Still, nationally and especially in the Chicago market, practices are small and most times do not have the sophistication needed to strategically plan for coming trends, let alone manage today's business demands. The information at this program, and the kinds of tools, measures and sharing of best practices shared at the program, provided a wealth of information and knowledge exchange for those in attendance.



Speakers, Kevin Cavanaugh, Louis Papoff and Chad Beste



Marty Manning, Speaker

#### **HFMA Events**

### Managed Care's "Year of Change"

BY GRACE DAIGEL

#### Change is good, right?

On March 19, 2009, First Illinois held its annual managed care conference at the University Club in downtown Chicago. Some highlights from the day:

#### What does it take to change?

Keynote speaker Dr. David Dranove, Professor of Management and Strategy at Northwestern University, gave an overview of the history of the United States healthcare system. He discussed how there are three kinds of inefficiency:

- 1. Wasteful provider incentives (Demand inducement)
- 2. Wasteful patient incentives (Moral hazard)
- 3. Inadequate information (Practice variations)

He stated that there have been many attempts to revitalize the health economy, but they have all faced one common limitation: the absence of adequate data systems. He queried, "How can you manage a production process without the ability to monitor what is being produced and reward the most effective processes?"

# What kinds of changes are happening?

Jeff Black, Chicago and Milwaukee Market Business Leader for Mercer, spoke on Employer Medical Plan Trends. Is a 6% increase in health benefits costs really a 6% increase in costs? No, it does not take into account the cost-shifting to the employee due to benefit plan changes that increase the employee's share of the costs. The increased employee share is eroding employee income. Can medical tourism, which has thus far been thought of globally, become local where a patient is not leaving the country, the patient is just leaving the state?

## Fundamental change, not just incremental

Jim Knutson, Risk Manager for Aircraft Gear Corporation, remarked, "What do you do if something is too expensive?"

- 1. Buy it cheaper—PPO
- 2. Buy less of it—HMO
- 3. Shift cost to someone else—CDHP
- 4. Do it better

With regard to "doing it better," he described his company's experience with PROMETHEUS Payment, a payment model that has the insurer bear the underwriting risk, the provider bear the operational risk, and the consumer bear the lifestyle risk. He described how employers want warranties for operational risk. The PROMETHEUS Payment model is a fundamentally new approach, not just an incremental one.

#### The Payer Perspective on Change

Cathy Peterson, President of Peterson Healthcare Consulting, moderated a thought-provoking discussion with executives from some of Chicagoland's most prominent managed care companies:

- Aetna Dr. Burt VanderLaan, Regional Medical Director
- BCBSIL Kevin O'Neill, Senior Vice President
- Cigna Sue Podbielski, President and General Manager for the Midwest Markets
- **Humana** Mike Kasper, Market President
- United Healthcare Michelle Lobe, Vice President of Network Management

This illustrious panel addressed:

- 1. **Employers' Perspectives:** What are the top 3 things that employers want?
- 2. Change: What changes has your

company made that will have the most impact on providers?

- 3. **Provider Networks:** What provider networks does your company offer that are smaller based on quality or price?
- 4. **Price Transparency:** What are you doing to make hospital and doctor pricing more transparent for consumers?
- 5. **Economic Decline:** What changes is your company making given the state of the economy and declining employment?

Sue Podbielski from Cigna commented that "the economy is the great equalizer."

#### What change does the data show?

Dr. Gary Pickens, Chief Research Officer for the Center of Healthcare Improvement at Thomson Reuters, discussed trends in hospital demand, clinical performance, and financial performance. Dr. Pickens noted that annual inpatient discharges have increased 1% per year since 2002. Actual Length of Stay has decreased 8% when it was expected to increase by 12% based on acuity. Overall hospital growth is led by infection and renal failure while cardiovascular disease is contracting rapidly. (The incidence of cardiovascular disease is not contracting, just the rate of hospitalization for it.) Surprisingly, Thomson Reuters research shows that inpatient discharge rates are unrelated to unemployment rates or period of recession. Similarly, there are no obvious declines in hospital outpatient procedures, although it is thought that the procedures might be going to nonhospital providers, such as physicians.

#### Legislative Change

Elena Butkus, Vice President of Finance for the Illinois Hospital Association, gave us an overview of the most relevant bills pending in the Illinois Legislature. She

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#### Managed Care's "Year of Change"

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also updated us on developments with the Medicaid payment cycle; CON law; the Uninsured Patient Discount Act starting April 1, 2009; and the fact that the Illinois Supreme Court will be hearing the Provena tax-exemption case.

#### Providers must change to adapt to ongoing payment issues

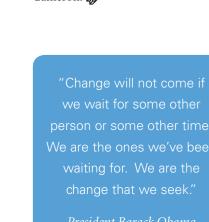
Gregg Mylin, Principal of Essayons Solutions, LLC, talked about the pitfalls that would keep a provider from collecting its expected reimbursement. He had conducted an email survey to 100 hospitals asking the question, "What are your payment issues, with whom and what have you done to resolve them?" The results illustrated the myriad of ways not to get expected reimbursement. He said that policies and procedures not directly in the contract cost providers approximately 6% of their reimbursement. Providers need to develop tracking tools.



Denise Cameron, Vice President of Managed Care and Medical Staff at Neurologic & Orthopedic Hospital of Chicago, shared some tools on abstracting managed care contract language and rates.







person or some other time. We are the ones we've been waiting for. We are the

President Barack Obama



Co-Chairs, Denise Cameron and Cathy Peterson



Payer Panel

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For more information, please contact Pat Moran at 312.602.3549 or Sal Veltri (PMFA) at 312.899.4460. plantemoran.com



THRIVE.

#### Using a Frontline Offense to Mitigate Your Financial Risk in Today's Sick Economy

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treatment within their communities. Despite financial woes, hospitals must remain viable to fulfill that mission.

Today's economy has resulted in capital resources vaporizing and investment income becoming investment loss. This means budgets are stretched and many hospitals are looking to their front end staff and systems to buffer their organization from the financial crisis. The following are a few steps – applicable in any economy – that financial executives can take to achieve better financial health without significant cash outlay.

#### Step One:

# Diagnose or prequalify the patient

With today's frequent changes in insurance coverage – due in part to rising unemployment – and medical identity theft, hospitals need to be vigilant in attaining the most current and accurate information on every patient.

First, hospitals need to be sure the patient is who they claim to be, and the asserted coverage is valid. Then, they must understand the patient's ability to pay their bill. The question, of course, is not merely how and when they will pay, but if they can pay at all. Knowing this information at registration establishes a mutually agreed upon relation-

ship and can protect the hospital from undue risk.

When delivering non-emergent medical treatment, hospitals must be aware of their financial risk, and must take steps to mitigate this risk to the extent possible.

#### Step Two:

## Deliver a personalized financial treatment

The hospital's front end should have a variety of payment options available that protect the hospital from accumulating bad debt. These may include pre-payment at registration (cash, credit card, or a medical care credit card plan issued by a third party), hospital approved payment plans, charity programs and government assistance programs. Self pay patients, especially, should be offered appropriate options to ensure payment using one or more of the available alternatives.

Teaming with medical staff, front end personnel should be able to offer patients the approximate cost of proposed treatment, especially those that can be delayed or are elective. This information can change the financial relationship, including the options available to the patient. It also empowers the patient to make informed choices on elective or optional components of their care.

# Step Three: Act quickly

Aging of accounts will worsen in recessions. Collection policies and procedures should be directed at carefully segmented patient populations defined according to a patient's ability to pay their bill. In addition to front end collections, some suggestions have included offering incentives for prepaying or early payment of medical bills to maximize cash balances in the short term. Often, the first medical bill to reach a patient may be the first one paid. Hospitals should view this as a race and beat other providers to the finish line.

There is no magic to surviving in today's economy or avoiding layoffs and other cost cutting measures. A hospital's front line, however, can minimize risk and improve cash balances if used properly. It is time to equip front end staff with the technology and processes necessary to identify patients quickly, assess their financial capabilities, and establish financial plans prepared to fit each unique patient.

If a hospital falls into poor financial health, its mission cannot be fulfilled. It is important to the community it serves to be diligent in protecting its financial health.

# First Illinois Chapter News, Upcoming Chapter Events and Committee Updates

#### Golf Committee

#### '09 Golf Outing Update

Spring has finally arrived, and we are ready for some golf! Very shortly you will receive an invitation to the 2009 golf outing at Gleneagles Country Club in Lemont. The date is Thursday, June 4, 2009. The 9:00 a.m. shotgun start will be followed by a cocktail hour and dinner banquet. Space is limited so please return your registration promptly.

Sponsors should have received information some time ago. If not, please contact us right away. There are some opportunities

still available. With the theme of "Making Connections" this year, the networking opportunities will be awesome. We look forward to a full house from tee off until the last raffle prize is presented.

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(Additional event continued on page 14)

# First Illinois Chapter News, Upcoming Chapter Events and Committee Updates

(continued from page 13)

HFMA's 2009 ANI: The Healthcare Finance Conference

June 14-17, 2009, Seattle Washington Washington State Convention and Trade Center

Here's What You'll Get...

#### Keynote Addresses by:

- The Honorable Al Gore, 45th U.S. Vice President and 2007 Nobel Prize Winner
- Author Patrick Lencioni, founder and president of The Table Group
- President Karen Davis, Ph.D., of The Commonwealth Fund

#### Miscellaneous:

- More than 80 educational presentations and breakout sessions
- More than 400 top industry suppliers with products and services on display
- More than 4,000 participants to meet and make connections
- CPE Hours in Specialized Knowledge and Applications

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#### **Publication Information**

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#### **HFMA Editorial Guidelines**

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#### Style

Articles for First Illinois Speaks should be written in a clear, concise style. Scholarly formats and styles should be avoided. Footnotes may be used when appropriate, but should be used sparingly. Preferred articles present strong examples, case studies, current facts and figures, and problem-solving or "how-to" approaches to issues in healthcare finance. The primary audience is First Illinois HFMA membership: chief financial officers, vice presidents of finance, controllers, patient financial services managers, business office managers, and other individuals responsible for all facets of the financial management of healthcare organizations in the Greater Chicago and Northern Illinois area.

A broad topical article may be 1000-1500 words in length. Shorter, "how-to" or single subject articles of 500-800 words are also welcome. Authors should suggest titles for their articles. Graphs, charts, and tables (PDF or JPG only) should be provided when appropriate. Footnotes should be placed at the end of the article. Authors should provide their full names, academic or professional titles, academic degrees, professional credentials, complete addresses, telephone and fax numbers, and e-mail addresses. Manuscripts should be submitted electronically, on computer disk or by e-mail as a Microsoft Word or ASCII document.

#### **Founders Points**

In recognition of your efforts, HFMA members who have articles published will receive 2 points toward earning the HFMA Founders Merit Award.

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