





BREAKTHROUGH

# F.A.S.C.O.

1.

WHY

2.

WHAT

3.

HOW









WHAT IS YOUR GAME PLAN





# JOHN MAXWELL

## “RULE OF 5”



# HAVE A “*GAME*” PLAN



CREATE THE PLAN



REVIEW THE PLAN



EXECUTE THE PLAN





**BLAH BLAH  
BLAH...  
DO THE WORK!**











“

**DISCIPLINE IS THE  
ABILITY TO DO WHAT  
YOU NEED TO DO, WHEN  
YOU NEED TO DO IT,  
WHILE NO ONE IS  
WATCHING.**

”











# JOE

# MONTANA

San Francisco 49ers - 14 seasons



4 Super Bowls Victories



3 Super Bowl MVP



8 Pro Bowls

## *THE MONTANA EFFECT*





A top-down view of a wooden desk. In the upper left, a portion of a silver laptop is visible, showing keys for H, J, M, B, N, and a backspace key. To the right of the laptop is a spiral-bound notebook with a white cover. A black and teal pen lies diagonally across the notebook. A round, gold-rimmed compass with a black face and white markings is also on the notebook. In the upper right corner, a white coffee cup sits on a matching saucer. The main text is centered over the desk surface.

WHAT'S NEXT?  
NEVER SATISFIED



# 4 KEY SUCCESS TIPS S.Y.O. REVIEW

1. Mindset
2. Why?
3. Game Plan?
4. Do The Work!





“

**HOW YOU DO  
ANYTHING IS HOW  
YOU DO  
EVERYTHING!**

”



COMMITMENT











**YOU WANT TO SEIZE YOUR  
OPPORTUNITIES?**

**OF COURSE YOU DO!  
GO TO**

**JJ  BIRDEN.com**

