

# Medicaid Financing: Good, Bad and Ugly

---

Kim Duggan  
Missouri Hospital Association

Marga Hoelscher, CPA  
Consultant

# Future Medicaid Challenges

---

- Limited state match (General Revenue and provider tax) in state budget
  - Support for transitional payments and stop-loss payments (GME)
- Slow revenue growth and increasing spending demands may cause administration and legislative conversations to restrict Medicaid provider reimbursement rates, benefits, or eligibility
- Managing DSH liabilities and potential repayments
- Significant federal changes as a result of OBBBA enactment

# Medicaid Pressures: Issues at Play

---

- Who and what services are covered? Will the state reconsider optional services? Will the state reconsider the expansion population?
- How do we pay providers reasonable rates when state budgets are restricted? What resources are available?
- In Missouri, the managed care contracts are up for rebid effective July 1, 2027. What impact do the new contracts have on hospitals?
- How does the state manage federal policy changes?
- Are local participation levels sustainable?

# Federal Hospital Watch List – Short-term

---

- Expiration of the enhanced premium tax credits for ACA
- Medicaid Eligibility
  - Implementation of work requirements
  - Redeterminations every six months for expansion population
  - Cost-sharing for certain enrollees
  - Retroactive eligibility changes
- Efforts to control drug prices

# Federal Hospital Watch List – Long-term

---

- Medicaid payment limits to Medicare
  - Impacts Medicaid managed care rates because of state directed payment changes
- Beginning in 2028, grandfathered payments must be reduced 10% points per year (new guidance)
- Provider Tax Reductions
  - Expansion state phase down begins in 2028
  - .5% annual reduction to 3.5%; current rate is 5%

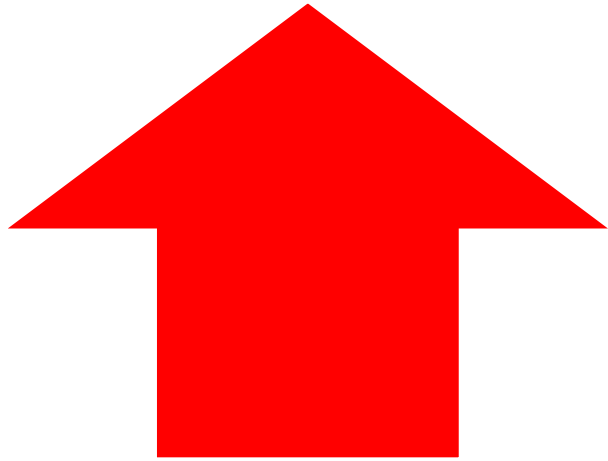
# OBBBA: State Directed Payment Changes

---

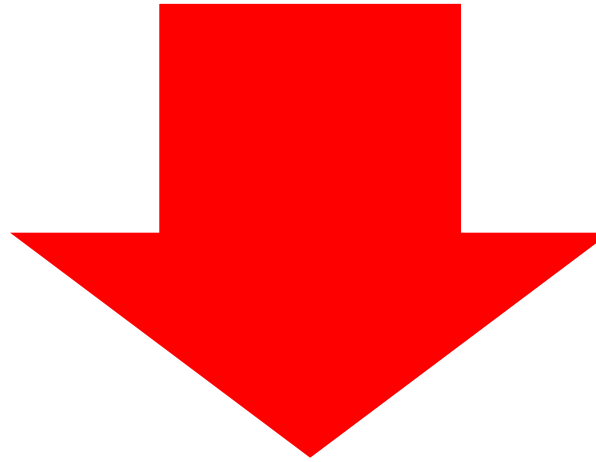
- Prior to enactment of H.R. 1 (OBBBA) and presidential memo guidance, CMS allowed states to require Medicaid managed care plans to pay hospitals and other providers up to average commercial rates.
- These state directed payments were targeted by Congress as a mechanism to fund H.R. 1 providing \$149.4 billion reduction in federal spending over ten years.
- After bill negotiations, the final H.R. 1 did allow states with preprints submitted before enactment to be grandfathered allowing a window of opportunity for enhanced rates until FY 29.
- In July 2, 2025, MHD filed a preprint for public hospitals (state-owned and non-state governmental) to receive Medicaid managed care payments up to the average commercial rates for inpatient and outpatient services.

# What does this mean for hospitals?

---



- Uninsured costs
- Increased administrative burden
- Internal pressure on finance teams



- Days cash-on-hand
- Reduced margins

When all new provisions are fully implemented without future interventions, it will result in an estimated impact of **\$1.2 billion** reduction to Missouri's hospitals.

# What Have We Learned

---

- What history has taught us...
  - The only thing certain in Medicaid reimbursement is that it constantly changes.
- Hospitals are often asked to prepare without final written guidance and governmental direction.
- Hospitals are expected to pivot and manage quickly.
- Challenges have brought opportunity for payment innovation.



# Examples of Medicaid Key Policy Changes

---

Upper Payment Limit

Provider Tax

Out-of-State Payments

Pooling Restrictions

Implementation of Managed Care (1995)

Proposed Limits on Intergovernmental Transfers (IGTs)

Rebasing from 1995 Costs to 2003

Cost-Based Reimbursement to DRG Methodology

Implementation of Hospital-Specific DSH Limits

Outpatient Services to a Fee Schedule

# What we thought would happen!

---



This Photo by Unknown Author is licensed under [CC BY-SA](#)

# Medicaid Upper Payment Limit Payments – Hospitals

---

SFY 2010 – The gap was \$54,225,626

- Actually paid out \$33 million
  - Worked with a public hospital for intergovernmental transfer (NKC)

SFY 2011 – The gap was \$115,845,954

- Actually paid out \$73.6 million
  - Worked with a public hospital for intergovernmental transfer (UMC)

SFY 2012 – The gap was \$105,744,571

- Actually paid out \$67.1 million
  - Worked with a public hospital for intergovernmental transfer (UMC)

SFY 2013 – The gap was \$156,195,995

- Never paid out

# Medicaid Upper Payment Limit – Nursing Homes

---

August 2000 – December 2000

- 7 Nursing Homes
- IGT Transfer Amount  
\$85,227,273

September 2000 – June 2001

- 10 Nursing Homes
- IGT Transfer Amount  
\$11,295,039

January 28, 2002

- 7 Nursing Homes
- IGT Transfer Amount  
\$81,750,000

September 25, 2002

- 7 Nursing Homes
- IGT Transfer Amount  
\$119,600,000

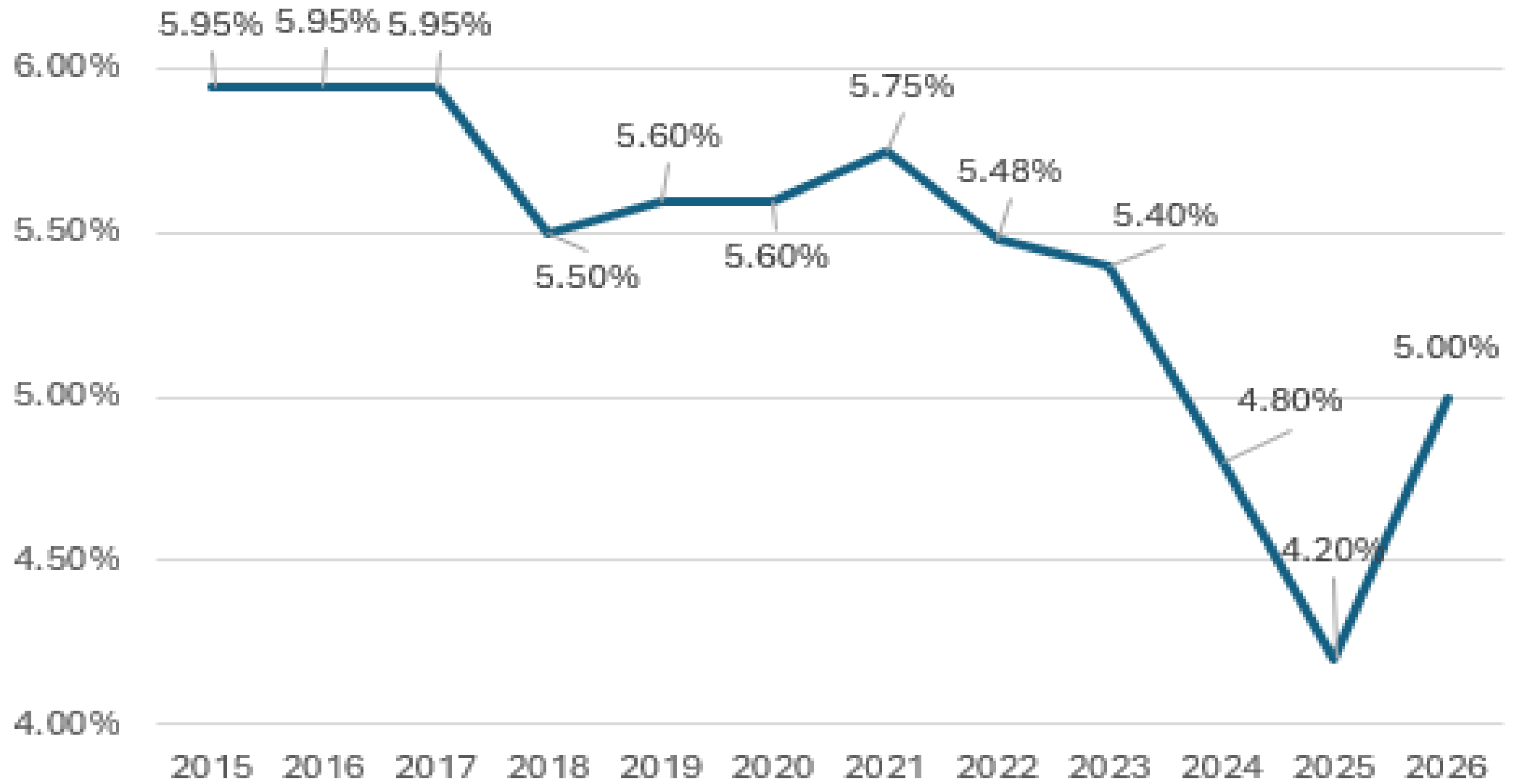
January 15, 2003

- 5 Nursing Homes
- IGT Transfer Amount  
\$8,217,000

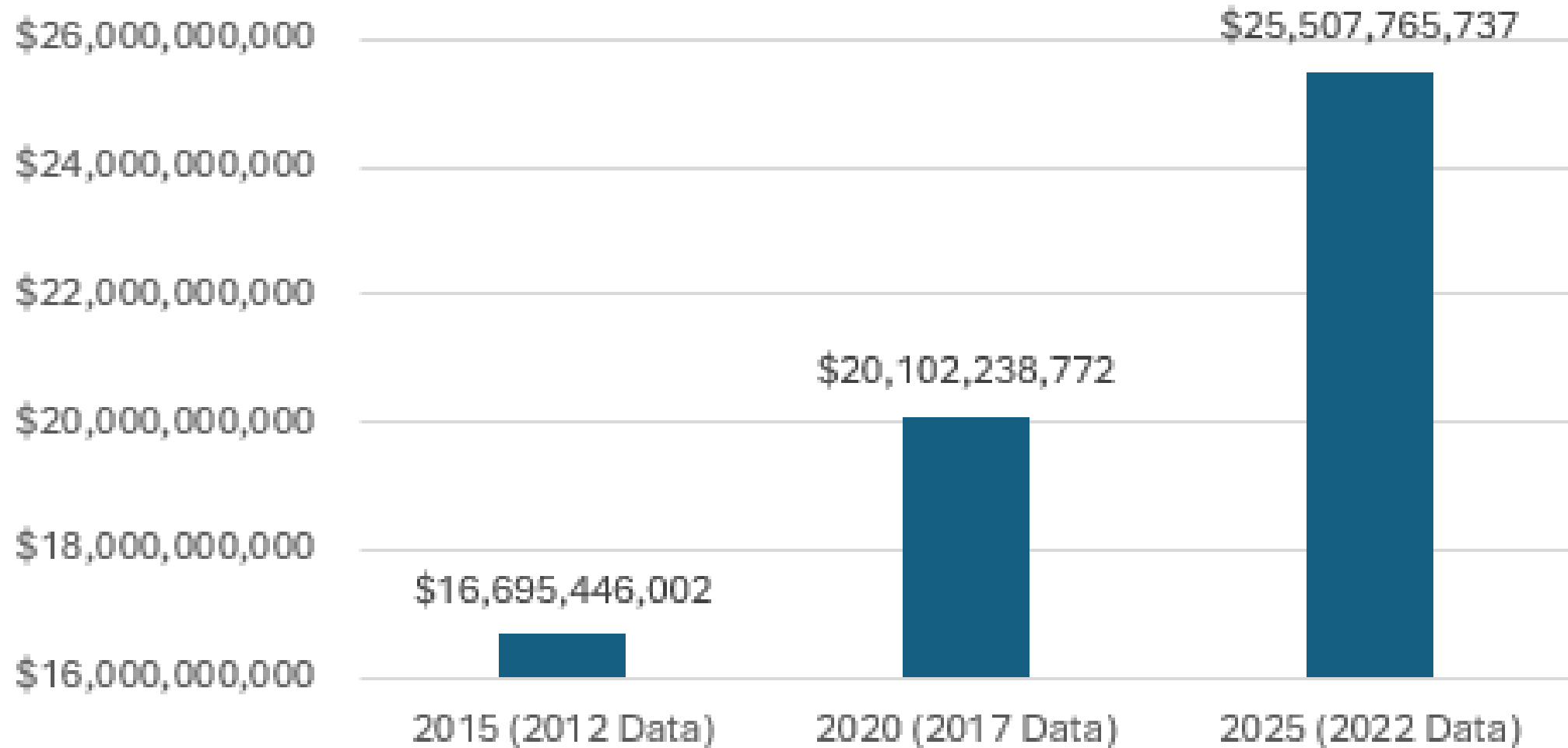
January 13, 2004

- 5 Nursing Homes
- IGT Transfer Amount  
\$22,234,978

## FRA Tax History 2015-2026



## Taxable Revenue



# Out-of-State Payments

---

Out-of-State Payments for SFY 2002: \$14,105,039

Out-of-State Payments for SFY 2022: \$215,203,568

*\*This payment reimbursed a hospital for the difference between its cost-per-day and its per-diem times its out-of-state days*

# Highest Record Pooling

---

SFY 2022 (beginning of year)

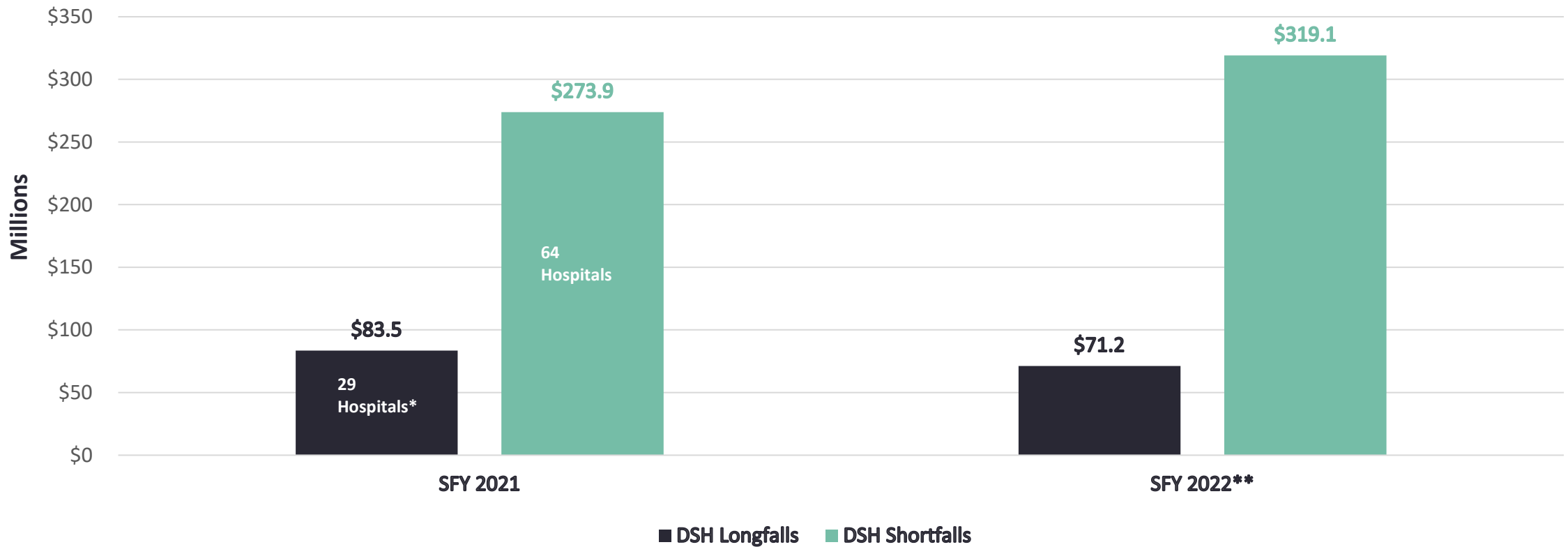
- \$83,111,853 Pool
- \$16,030,000 B1/B2

SFY 2026

- \$26,038,784 Pool
- \$3,889,000 B1/B2



# DSH Longfalls and Shortfalls SFY 2021 and SFY 2022



\*Two bankruptcy hospitals with DSH longfalls (totaling \$604,038) have been excluded.

\*\*Two bankruptcy hospitals with DSH longfalls (totaling \$1,773,163) have been excluded. One closed hospital with a DSH shortfall (totaling \$5,703,235) has been excluded as well.

Note: The State Institutions of Mental Disease (IMDs) have been excluded from the above figures.

# What happened!

---



# Is the Medicaid Sky Falling?

---

- In our opinion, no - just dark and somewhat gloomy, but the sky will clear.
- There are strong supporters of hospitals at each level of government – local, state and federal.
- Our industry is too important to fail.
- As we've thought about our 40+ year careers, what seems impossible to overcome becomes possible when we work together.

# What Can Hospitals Do to Help?

---

# What Can Hospitals Do to Help?

---

- Work to understand Medicaid reimbursement – read regulations, review provider bulletins, help MHA understand how a change may impact your hospital
- Support advocacy efforts
- Share problems with state's Medicaid leadership and MHA team
- Be specific and have data when possible, to support your position
- Be aware of the new Medicaid Managed Care contract (RFP) process

# What is a certainty about Medicaid?

---

# What is a certainty about Medicaid?

---

- The only thing certain in Medicaid reimbursement is that it constantly changes.

Do all Medicaid claims/  
add-on payments have to  
be considered for DSH  
audit purposes?

---



# Do all Medicaid claims/add-on payments have to be considered for DSH audit purposes?

---

- Yes